Hepworth Issue 13 - October 2019 Herald



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What's On?

There are lots of events planned in the village during the year - these are the ones we know about at the moment. Please share any others you have planned.

Hepworth Angels	Mondays @1930	see below & page 21
Café Hepworth	1st & 3rd Thur.	@1030 - see page 8
Hepworth Art Exhibition	5&6th Oct	see page 23
Harvest Supper	12th Oct @1900	see page 8
Harvest Service	13th Oct @1500	S. Peters's - see p8
Holy Communion	27th Oct @0930	St. Peter's Church
Village Litter Pick	2nd Nov @1000	Village Pavilion - p9
Parish Council Meeting	7th Nov @1930	Village Pavilion
Get-to-know-you Curry Night	16th Nov @1930	see page 17
Over 60's Christmas Lunch	13th Dec	more info to follow
Village Christmas Get Together	15th Dec	more info to follow

Would you like to help?

Many village events are being supported by

Hepworth2Enjoy. This is an engaged, friendly collective

of Hepworth villagers who come together to put on village events and to help others put on village events, providing people-power, experience, and bags of enthusiasm! We now have a small budget to help events on their way. Please contact Clare (250 660) or Sue (250 037).



We are on the hunt for Covers

Hepworth Herald would love to feature the talents of its residents (of all ages!) on the front cover. If you have a seasonal painting, drawing or photograph you would like to share, please consider submitting it for the next issue to hepworthherald@gmail.com

Hepworth Singing Angels



Are singing with great gusto every Monday at 19.30 in the Church. All abilities welcome.









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Garden Club

We are a local, informal, friendly garden club. Green Fingers meetings are held at Hinderclay Village Hall on the 3rd Wednesday of each month at 1930 in the evening. Annual membership subscription is £12 and our monthly meeting fees are £2 for members (and £4 for non-members) with refreshments included. You would be most welcome to join us.

16th October

TAKE A LOOK AT PEONIES & IRISES - Ben Potterton

20th November

ALPINES IN MOUNTAINS & IN THE GARDEN - By Richard Hobbs (There will be plants for sale)

No December Meeting!

15th January 2020

NEW YEAR EVENING MEAL - At the 'Bunbury Arms' in Gt. Barton + much, much more.

For more information, ring Ali Carr: 01953 688112 or

Val Hobson: 01359 251977

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Letter from Reverend Bladen October 2019

I wonder if like me you hardly dare turn on the news at the moment? Day after day, week after week we hear the constant arguing, debate and discussion about Brexit and what kind of Brexit we could or should have. It's torn the government apart, it's divided political parties and it's even divided families and friends. Whether we voted to leave or to remain, the length of time it's taking and the

constant debate has lead to a feeling of uncertainty in almost everything in the country. To quote the estate agent currently trying to sell my house; 'We find ourselves entering unchartered territory which could prove to be a little turbulent.'

In the midst of uncertain times it's often hard to be positive and hard to find hope. In our Sunday services across the Benefice this Autumn we are concentrating on some of the characters from the Old Testament. People like Moses, Joshua and Abraham, David and Daniel, Esther and Ruth, all who also lived in challenging and uncertain times. Between them they contended with wars and famine, personal struggles and loss of identity, giants and lions, and all kinds of political and economic unrest and uncertainty. But in and through all their situations they had a growing reassurance that God was in it with them. Whether they were rescued from their situation or lived through it God was in the midst of it... holding on to them. When Joshua took over leading Israel after Moses had died, God spoke to him saying; "Be strong and courageous; do not be frightened or dismayed, for the LORD your God is with you..." (Joshua 1:9) And in the New Testament when there was much uncertainty among the new Christians, St Paul encourages them to find things to be thankful for, and to rejoice in the good things they have in their lives. He encourages them saying; "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." (Philippians 4:6).

So whether this unsettled time worries you or just frustrates you... Perhaps like me you can find hope in the fact that throughout the bible we can see a God who loves us and walks through all of life with us, and like those ancient characters, we simply need to put our trust in Him.

If you'd like to join me and many others across the country in praying for our nation, this is a prayer from the Church of England.

God of hope In these times of change, Unite our nation and guide our leaders with your wisdom. Give us courage to overcome our fears, And help us to build a future In which all may prosper and share, Through Jesus Christ our Lord. Amen

God Bless Cathy Bladen, Rector Sell your unwanted things here, or advertise for articles wanted. Please contact the advertisers directly to enquire about items. Deadline for new adverts is the 15th November 2019.



For Sale

Morphy Richards 'Accents' Stand Food Mixer (red), virtually unused, in original packaging. £60 (RRP: £200). Please contact Lyn 01359 253540





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News from Barningham CEVC School children:

The nights are drawing in and 'winter is coming'. The shops are full of the chaos that is Bonfire, Hallowe'en, Christmas – I often understand why children confuse all of our festivals and special times when you see the displays. We celebrate the autumn with a very

> Love Where

traditional Harvest Festival at the church – and ask the children to bring into school tins and dried goods for the local food bank. The children have written prayers of thanks and spent time reflecting on what it might be like to go without food for days. Children are very generous with their thoughts and kindness at these times, but they also ask challenging questions: Why are there starving people in the world? Who are the poor in our community and what can we do to help them? Where does the money go?

The children are discovering ways in school to celebrate their differences and strengths to create their unique sense of who they are. Living in a diverse world is, for me, something to celebrate not be afraid or suspicious. We have our friend Harikat from the Leicester Sikh community, coming to share his faith stories with us plus the school is working towards a Silver Linguamarque award by increasing our teaching and learning of French across the school. In challenging times, searching for positive ways to feel part of the global community remains a priority for us as a Christian school. Frances Parr – Head Teacher.

Litter Pickers Needed

We are calling for volunteers on

Saturday, 2nd November @ 1000

Please call Garry Bloomfield on 01359 251998 to find out more. Equipment will be provided, but please bring your own gloves. You never know, it might be fun!



Along The Street:

July 2019:	2 sessions,
	13 vehicles logged
	Max. = 41mph

August 2019: 2 sessions, 8 vehicles logged Max. = 44mph

For more information about Speedwatch, or to get involved, call Richard on 250 484.

Did you know?

The Parish Council has prepared a Welcome Pack for people new to the village.

Do you have a new neighbour?

Copies from **Sue on 01359 250 037** and can also be found on the Village Website at

http://hepworthvillage.co.uk

Vacancy for Parish Clerk

Hours: 4.30 per week with 6 council meetings per year, 1 Annual Parish Meeting and Extraordinary Meetings as necessary

Salary: Starting from £10.37 per hour depending on experience **Deadline:** Friday 1st November 2019

Applications: Please send CV giving details of why you would be interested in the position to Louise Robinson, Chairman. Tel: 01359 251066 Email: fioremundi50@gmail.com

Vacancy details:

Parish Clerk and Responsible Financial Officer: The Clerk will work from home and is responsible for all aspects of the council's day-to-day administration. Good communication and organisational skills essential. Main functions: Preparing agendas and accompanying papers and recording minutes for Parish Council Meetings; completing correspondence; making payments; keeping financial records; budget monitoring; Yearend Accounts and Audit submission; managing parish council's website; offering legal guidance and ensuring all council resolutions are affected promptly. Training will be provided; however previous experience is preferred along with the CiLCA qualification.



Hepworth Remembers

Charles Weller

Charles was born in 1890 in Lawford, Essex. By age 6 he was living in Hepworth, originally in Church Lane, but subsequently in Wood Lane. His father was a bootmaker and farmer. His mother was a schoolmistress, one of his

sisters an assistant teacher and another sister working in a home for waifs and strays. By 1911, Charles was a schoolmaster in Earl's Coln, Essex.

Come the war, Charles was one of the first men to volunteer at Hepworth, and joined the East Surrey Regiment, 8th Battalion (as did his brother John).

He was killed in action on 30th September, 1916 France and Flanders, a day which saw great losses for the Battalion. He was 26. His brother John survived the war and emigrated to Australia, and over the years, the Weller family moved away from Hepworth.

The men who came home

In the month of November especially, we should also remember and pay tribute to the Hepworth men who witnessed and survived the horrors of war.

Having seen and lived through terrible things, many of these men came home and rebuilt their lives in the green fields of Suffolk.

Arthur Anness Benjamin Anness Robert Anness Cecil William Wallace Baker Walter Henry Banham James Walter Beales Eric Clarke Frederick Arthur Clarke William Coleby Ernest Ince George Newstead Albert Planton William Stearn Ivory Sturgeon Herbert Edward Sturgeon William Avey Sturgeon Spencer George Webb John Malcolm Weller J Yarroll

HEPWORTH PARISH COUNCIL

A meeting of the Hepworth Parish Council took place on Thursday 5th September 2019 at the village hall where the following items were discussed.

Attendees: Ms L Robinson (Chairman), Mrs N Yorke, Mr A Yorke (Vice Chairman), Mr G Bloomfield, Mrs M Waterson, Cllr C Bull, Mrs Sue Yeomans (Parish Clerk), Cllr J Spicer, Mrs M MacPherson

Members of the Public: None

1. Apologies: There were no apologies

2. Declarations of Interest: there were none

3. Minutes of previous meetings: The minutes of the Meeting 4th July 2019 were agreed and signed.

4. Receive reports and hear from members of the public present:

Report from Cllr Bull

Blacksmiths Cottage – Cllr Bull asked to be kept updated, Enforcement have it in hand.

Cllr Bull advised residents should be aware of Scam calls from a company claiming to be the Council calling about illegal loft insulation, these calls must be ignored.

The Waste Department will be writing to residents outlining an analysis to take place relating to waste deposited in black bins.

Chapmans lorries are still using Hepworth as a thoroughfare. They have been spoken to but are continuing to come through Hepworth, this will now be followed up more firmly.

Bury St Edmunds road closures - work should be completed and roads opened up by mid Sept.

Rural Task Force- members of the public are invited to sessions to discuss opportunities and issues in their area, you can also respond by completing a survey on www.westsuffolk.gov.uk/rural. Clerk to put on notice board and distribute to local organisations. Local session at Stanton Village Hall, The Recreation Ground, Stanton on Wednesday 18th September 5.30 – 7.00pm. Report from Cllr Spicer

Suffolk Highways recently investigated the flooding at Reeves Hall. They were able to jet and camera along the pipe under the verge, as well as the pipe from the fully across the road, which outfalls into the same ditch. There was a small crack found in each, but nothing which might prevent the pipes from working efficiently. It may be that there was a blockage in the longer pipe, which the survey crew was able to jet out on the day. Any local view can be fed back to the team, via the Clerk. Cllr Spicer will send a response. Market Weston Road path clearance is planned for weekend of 26th and 27th October. (Clerk to send dates to Cllr Spicer). Clerk to send application to Cllr Spicer's Locality Budget for digger hire of £230.00.

Members of the Public - There were no public comments

- 5. Discussion about how we work together: The Chairman outlined a few changes to the way the meetings flow, which will hopefully speed up the decision making:-
 - * Matters arising to be removed
 - * AOB to be removed

* Items researched for decisions to be circulated to all members for reading and consideration prior to meetings

* A group 'WhatsApp' to be set up for Councillors to notify urgent items (all councillors to send mobile phone numbers to Cllr Waterson). Cllr Waterson to set up.

* Non-attendance at meetings – a valid reason to be supplied

- 6. Highways: The Chairman has identified 4 of our 7 grit bins need repair. The application forms for replacements have been filled in and will be submitted to Highways. It was agreed to provide residents agreeing to spread grit from grit bins with High Viz Jackets, Cllr N Yorke to purchase 10 sleeveless High Viz Jackets in ex large size. Clerk has created a list of volunteers agreeing to spread grit, as per Highways Grit Bin Procedure.
- 7. Village Litter Pick: A voluntary 'Litter Pick' will take place on Saturday 2nd November 2019. Cllr Bloomfield to arrange equipment and place advertisement in the Herald requesting volunteers.
- 8. Planning Applications: There were no planning applications
- 9. Clerks/RFO Report:

1. Bank Balances @ 19th Aug 2019:Community (current) account @ £8,787.36; Business Saver account @ £1,834.03

2. Speedwatch Update: JULY: 11/07/19: 6 vehicles logged, Max speed 39 mph, 31/07/19: 7 vehicles logged, Max speed 41 mph AUGUST: 20/08/19: 6 vehicles logged, Max speed 44 mph, 29/08/19: 2 vehicles logged, Max speed 37 mph

3. Clerk has tendered her resignation effective one month from 1st September 2019

4. Another enquiry had been received about allotments. A parishioner has offered a piece of land to be used for allotments. He is currently looking into Tenancy Agreements etc with the Allotment Association

10. Finance: The following accounts for payment were agreed: Chq 949 – SALC 6 mths payroll provision to 31 Mar 19 - £27.00; Chq 950 – Clerk Salary Jun-Jul 19 -£617.97; Chq 951 – SALC Chairmanship and Leadership Skills Course, L Robinson - £132.00; Chq 952 – L Robinson, Travel Expenses Course – £45.00; Chq 953 – Nicola Yorke, purchase of bulbs - £38.50; Chq 954 – Clerk Expenses Jul-Aug 19 -£60.00

Expenditure against Budget was reviewed. Check Clerk's contract to see if end of service payment is due, if so, add to budget.

Review of Internal Auditing – action points to be addressed – Audit/Impact Assessment; Subject Access Requests; Data Breaches; Data Retention and Display Policies

'Slow Down' stickers for bins, it was decided to obtain 'Slow Down' signs in preference to bin stickers. Cllr Robinson to get prices

Financing replacement village sign -b/f to November meeting to discuss further, fund raising to commence when design and costings finalised. Cllr A Yorke to speak to West Suffolk College to offer to students as a project.

Insurance renewal – 3 quotes have been obtained. Quote from Inspire at $\pounds 263.16$ + Insurance Premium Tax $\pounds 31.58$ + $\pounds 50.00$ admin fee agreed upon, Clerk to query the $\pounds 50.00$ admin fee and ask for reduction.

Purchase of Trees in Remembrance and Commemorative Plaques – Trees - Tree Warden to be asked to purchase trees, stakes and protection as approved at July meeting. Clerk to apply to CIL for funding. Commemorative Plaques – Cllr MacPherson handed out pack with various options for plaques and costings. Plaque size of 150 x 100 cm was agreed upon. All to look through suggestions, decision on plaque and wording at November meeting

Purchase of bulbs has been made at cost of £38.50. Clerk has requested monies (already agreed) from Cllr Spicer's Locality Budget.

Repair to Parish Council Notice Board (recently vandalised). Quote for a replacement door is £290.00 + VAT. It was decided to see if the door can be repaired before a replacement is purchased, Cllr A Yorke to have a look at it.

- 11. Councillor Vacancies: A resignation was received from Cllr R Vernon on 3rd August 2019. The Chairman asked the Clerk to write to Mrs Vernon and thank her for her contribution to the Parish Council during her 8 years of service. There are currently 2 vacancies, 1 vacancy arising from elections and 1 from a resignation. The vacancies have been advertised and applicants will be invited to meet the Parish Council.
- 12. Questions to the Chair: Setting up of a dedicated Facebook Page to be added to Nov Agenda

The meeting closed at 10.20pm

Next meeting is on Thursday 7th November 2019

Meeting dates for 2020 – 2nd Jan, 5th Mar, 2nd Apr, 7 May, 2nd Jul, 3rd Sep, 5th Nov

\square	Hepwor (as measured	th Weath d on The	
July 2019:	Max. Temp: Min. Temp: Total Rainfall: Wettest Day:	36.6°C 7.2°C 41.3mm 22.7mm	25th 3rd 27th
August 2019:	Max. Temp: Min. Temp: Total Rainfall: Wettest Day:	32.4°C 8.3°C 32.0mm 10.2mm	26th, 27th 13th 14th

July 2019: A warm month with rainfall slightly below average. A short but intense heatwave occurred between the 22nd and 26th. Day and night temperature records were broken at this station with a Max.of 36.6C on the 25th, followed by a night Min.of 20.6C on the 26th. This heatwave was remarkable because it was not associated with previous weeks of hot, dry weather. (eg. 1976, 2018) and because it happened during a period of relatively low pressure, yet there were long periods of strong sunshine but with a moderate SSE breeze. 55% of the months total rainfall fell on the 27th. The highest Max. of the month on the 25th and the lowest Max. of the month on the 27th (18.4C) were within 48 hours of each other.

August 2019: A dry and warm month with little soil moisture. There was much dust associated with combining and ploughing after harvest. 9th to 11th was a very windy period for a summer month, with a gust of 46 mph on the 10th and some local damage to trees and shrubs. 26th/27th, climax of short heatwave with a Max. temp of 32.4C both days and 32.0C on the 25th. For the summer months of June, July and August, there were 31 days when the temperature reached 25.0C and above.

Kindly provided by Richard Hinton. See the latest weather and historical Hepworth weather data at http://j.mp/HepworthWS

Requests for a new recipe book supporting the bereaved

A new book is to be launched next year aimed at helping those who are newly bereaved to learn the art of Cooking for One, along with advice on selfhelp and wellbeing.

The book will feature anecdotes, stories and recipes from people who have lost a loved one. Submissions for inclusion in the book are invited now and anyone who has experience of losing a loved one is welcome to take part. The publishers would particularly like to hear from anyone willing to share their experiences of bereavement as well as ideas for comforting and simple food. Cooking for One is the brainchild of Norfolk-based Rosedale Funeral Home. All profits from the venture will be donated to Cruse Bereavement Care, which provides services across Suffolk and Norfolk.

Director Simon Beckett-Allen will edit the book, which will be in memory of his sister Sarah who died suddenly in 2015. He says Rosedale's experience of supporting people after bereavement often shows that vital tasks like cooking are forgotten about after a loved one dies. "When someone loses a husband, wife or partner after a long relationship their whole world is turned upside down," he said.



"There are many adjustments that need to be made and new skills to be learned. Cooking a meal is often the furthest thing on their mind, especially if the person was used to cooking for others and is now on their own. Alternatively, if someone has lost the person who was the main cook in the household, they may struggle to fend for themselves."

"We would love to hear from people who have been bereaved that can offer simple, great recipes that will inspire a person on their own to cook for themselves, as well as telling us something about how they coped with the loss of their loved one who we can hopefully then celebrate in the book." Submissions are open from now until January next year, when all the entries will be collated and a range of them will be included in the book, which is due to be launched next summer.

For further information about Cooking for One and a link to the submission form, please visit

http://rosedalefuneralhome.co.uk/cookingforone

There is also a printed form available for download on the website for anyone who would rather submit their story and recipe by post.

Hepworth get-to-know-you Curry Night

Meet the neighbours and raise money for the village Christmas over 60's party

Saturday 16th November @ 7.30pm

Hall Barn, The Street

Tickets £15 per person includes 3 curries, Naan, Poppadum's, glass of wine & simple desert

Email: trevor@emerging-leaders.net 07960 934 848

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Are you finding it difficult to use public transport?

Connecting Communities is a service - bringing the traditional community transport services such as Dial a Ride and Community Car service under one new single identity.

Our service enables passengers to travel locally, for example to visit friends and relatives, attend medical appointments or take a trip to the shops.

To register for our service please call the number below Monday-Friday 8am until 4pm

> Call 01440 712028 Option 1 for Bury St Edmunds

We are here to assist with any journeys that you are finding difficult to do using public transport - perhaps you have mobility issues or there simply is no service available where you live.

Our team will look to see if they can offer a transport solution.

Connecting Communities operates Monday to Friday 09.00 - 16.30

http://www.suffolkonboard.com



Could you befriend someone who feels

lonely? If you are a good listener, understanding, sensitive and can spare as little as 1 hour per week to make a new friend and ease feelings of isolation by having a cup of tea and a chat, then we would love to hear from you.

Please contact: Amanda Larcombe 01638 608048 www.thevoluntarynetwork.org



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Bonfire Night can be a

very distressing time for your pet. With the likelihood of fireworks being set off in your area. it is important to prepare as much as possible to provide a calm and relaxed environment for your pet on the night. Animals can become easily startled by sudden loud noises and flashes, so making sure that they are microchipped or wearing an ID tag gives you a better chance of being reunited should they escape. Whether you have a dog, cat, horse or smaller pet, these tips will provide you with all the information you need to know about keeping your pet at ease on Bonfire Night.

- Ensure that fireworks are not set off near
- 0 Let neighbours and event organisers know that there will be horses close by.

your horse's field or stable.

0

0 Try and keep your horses in their normal environment, whether it is a stable or a field, to keep them in their normal routine. If they have a companion, it is best to keep them together.

- Give your horse plenty of hay to keep them occupied
- Remain calm and relaxed around your horse to keep them at ease.
- 0 Do not risk riding your horse while fireworks are being set off.
- 0 Try to keep your horse calm but remain a safe distance from your horse; a spooked horse can be dangerous.
- Ensure you, or someone experienced 0 is present with your horse when fireworks are being set off.
 - Have a fire procedure in place If there are any bonfires nearby
- 0 In the morning check your field for any stray fireworks.

0 your dog in laylight hours refore the fireworks stabl

- ο Keep them indoors with dog flap or gate shut. If your dog needs to go to the toilet later on in the evening, go out with them to help them feel more secure.
- 0 Draw the curtains so your dog. isn't startled by any sudden flashes
- Give your dog a new toy to keep them distracted and occupied. Ο
- Create a 'den' for your dog with blankets and bedding, this will give them an area to calm down and muffle the noises 0
- 0 If they become fearful or stressed reassuring them can reinforce their fear

Don't forget the smaller members of the family on Bonfire Night like hamsters, guinea pigs and rabbits

Ensure that they have extra hay or bedding to help mask the sound of the fireworks. The extra bedding also allows them to burrow deeper so they feel safe and occupied.

If your small pets live outside in cages or hutches, place them in a quieter area, either indoors or in a garden shed or garage. Partly cover cages and pens with extra blankets, carpets or a rug to help drown out the noise.

animal Pet Insurance Experts

with windows, doors and cat flap shut and secured so they can't escape if spooked. Put the TV or

music on to

mute the sound

of the fireworks.

Keep your cat indoors

cat isn't startled by any sudden flashes.

Draw the

curtains so your

Give your cat a safe place to hide with blankets and bedding to mask the noises.

If your cat isn't used to being kept indoors, provide extra litter trays

> If your cat is hiding don't try and lure them out. this can cause them to become more anxious and stressed.

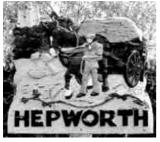
Try not to soothe your cat too much if they become distressed. this can make them worry more if they sense you are anxious.



Deadline for all copy (contents and adverts) for the October edition of Hepworth Herald is 15th November 2019. Please email all requests to hepworthherald@gmail.com

Hepworth Pavilion and Recreation Ground

Church Lane, IP22 2PU



Hall Hire:

£25 (£30) for an evening

£15 (£20) for afternoon or morning

£40 (£45) for afternoon + evening $\pounds 50$ (£60) for all day.

Brackets for non-Hepworth residents.

Special prices available for regular or short hirings. The Recreation Ground Committee reserve the right to decline a booking. Bookings and Enquiries 01359 250 048

Would you like an Advert here?

Reach more than 550 people in 250 households in the village of Hepworth, and help support our village magazine.

	B&W	Colour
¼ Page	£15 (£6)	
½ Page	£30 (£11)	£45 (£16)
Full Page	£60 (£21)	£75 (£26)
Back Cover		£90 (£32)
Centre Spread	£90 (£32)	£120 (£45)
	<i>a</i>	

Prices are for 3 consecutive editions (prices in brackets for 1 issue) email: hepworthherald@gmail.com



HEPWORTH ART EXHIBITION 5th and 6th October (10.30-4.30) The Pavilion, Church Lane, Hepworth

We all very much look forward to welcoming you to our annual Exhibition. It's the highlight of our year to be able to share with you some of our artistic work of the past year!

Over one hundred original paintings will be on display to look at or buy at very reasonable prices.

Paintings will also be exhibited in St Peter's Church (The two venues are very close together - linked by footpath). follow the signs to The Pavilion and Church, Church Lane, Hepworth and **enjoy a feast for the eyes!** also...

- Refreshments and plenty of delicious homemade cakes
- The ever popular '£1 a square' draw giving you a chance to win an original painting on each day.
- An opportunity for children (and adults!) to enter the art 'Jig Saw' Challenge
- Children's art and activities space.

Entrance is Free.

Further details: wendy.summerell@btinternet.com 01359 244693

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