

Hepworth Herald

Issue 42 ~ August 2024



Alice Roe

POTTER'S ALL SEASONS GARDENING SERVICES

Lawn Mowing & Edging
Hedge Cutting, Strimming
Planting, Pruning & Weeding
Border Maintenance
Vegetable Tending
Leaf Clearing



Call Gary on 07519 890179



(01359) 250594
kath@freerangefibre.co.uk



Shetland & Alpaca Yarn
Handmade accessories
Felted soaps

Shop online at
<https://freerangefibre.co.uk>

collection also available from
Stanton Rd Farm,
North Common, Hepworth



*Ideal for
gifting!*



What's On?

This is what we know about at the moment. Please share any other events you have planned, or that you hear about. Send them to hepworthherald@gmail.com

Hepworth Art Group	Every Mon @1000-1300 » Hepworth Pavilion
Hepworth Angels	Every Mon @1930 » Hepworth Pavilion. p14
Hepworth Coffee Morning	1st & 3rd Thu @1030 » Hep. Pavilion. p14
Holy Communion	11th August@0930 » St Peter's
Suffolk Mobile Library	15th August@1540 - 1605 » See p6
Summer Craft Fair	25th August@1100 - 1500 » Hep. Pavilion. p20
Village Service	1st September@0930 » St Peter's
Suffolk Mobile Library	12th September@1540 - 1605 » See p6
Parish Council Meeting	12th September@1945 » Hep. Pavilion
Art Exhibition	21st&22nd Sept@1030 - 1630 » Hep. Pav. p20
Craft Supply De-stash Sale	28th Sept.@1200 - 1500 » Hep. Pavilion. p19

Events in Hepworth?

Many village events are supported by **Hepworth2Enjoy**. This is an engaged, friendly collective of Hepworth villagers who come together to put on village events and to help others put on village events, providing people-power, experience, and bags of enthusiasm! We now have a small budget to help. Please contact Clare (250 660)



Do you have a new neighbour?

The Parish Council has prepared a Welcome Pack for people new to the village.

It can be found on the Village Website at

<http://hepworthvillage.co.uk>

TIME FOR YOU™

DOMESTIC CLEANING

Are you tired of cleaning?



We have the
right cleaner
waiting
to help
you.

Regular - Weekly - Cleaner

01359 258991

Typically £16 per hour

www.timeforyousuffolk.co.uk



Shine n Clean

Residential and commercial
window cleaning

A reliable window cleaning
service using the latest pure
water and reach & wash
cleaning systems, leaving
glass sparkling clean for
weeks, no mess, no smears
and no harmful chemicals.

01359 259376

email.shinenclean@mail.com



YOUR LOCAL FRIENDLY
INDEPENDENT FUNERAL DIRECTORS

Personal service and attention to
detail are our hallmark. So, when you
are faced with arranging a funeral, let
us take care of the details 24 hours
a day, 7 days a week.

*We can talk to you on the phone, at our branch or
in your home - you are under no obligation.*

5b Kings Road,
Bury St Edmunds IP33 3DJ

01284 769200

Email: bury@thcfunerals.co.uk

PARKING AVAILABLE



Maltings Loft

The Street, Hepworth.

'Bed and Breakfast'

Self contained detached
accommodation.

Self serve Continental style breakfast.

Double/ Twin en suite room and living
space, TV and WiFi. Ring for details or
to view.

Shirley Shackleton. 01359 251051
shirleyshackleton@btinternet.com

Speed Indicator Devices



Device No. 1 at A143 end of The Street

58 days from 28/05/2024 to 25/07/2024.

Vehicles **arriving** into village from the A143:

Total number of vehicles:- **26654**

Average speed for ALL vehicles:- **28.7mph**

Total number of vehicle speeds above 30 mph:- **7179 (26.94%)**

No. of incidents 40mph and above:- **237** 50mph and above:- **4**

Highest speed recorded:- **60mph**

Vehicles **leaving** the village toward the A143:

Total number of vehicles:- **21518**

Average speed for ALL vehicles:- **29.7mph**

Total number of vehicle speeds above 30 mph:- **8723 (40.54%)**

No. of incidents 40mph and above:- **475** 50mph and above:- **12**

Highest speed recorded:- **57mph**

Device No. 2 at Barningham end of The Street

58 days from 28/05/2024 to 25/07/2024.

Vehicles **arriving** into village from Barningham:

Total number of vehicles:- **20621**

Average speed for ALL vehicles:- **26.1mph**

Total number of vehicle speeds above 30 mph:- **3109 (15.08%)**

No. of incidents 40mph and above:- **71** 50mph and above:- **2**

Highest speed recorded:- **56mph**

Vehicles **leaving** the village towards Barningham:

Total number of vehicles:- **21876**

Average speed for ALL vehicles:- **26.1mph**

Total number of vehicle speeds above 30 mph:- **3389 (15.49%)**

No. of incidents 40mph and above:- **97** 50mph and above:- **3**

Highest speed recorded:- **54mph**

Speedwatch Along The Street:



For more information about Speedwatch, or to get involved, call Richard on 07979745990

May 2024: 3 sessions 8 vehicles logged

max speed = 43 mph

June 2024: 3 sessions 6 vehicles logged

max speed = 38 mph

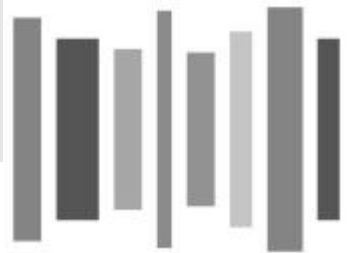
SUFFOLK LIBRARIES

Did you know about the Suffolk Mobile Library Service?
It visits Hepworth every 4 weeks on a Thursday, and stops at:

Half Moon, The Street between 1540 and 1605

The coming village visits will be on 15th August and 12th September

Do stop in, say hello, and
borrow a book or two!



DOG WALKING & PET CARE

Dog walking, companion visits,
cat feeding, small animal care.



Here to take your pet care
worries away.....

PINK'S POOCHES & PET CARE

07778114094

pinkspooches@gmail.com

 Pinkspooches



EASTWARD
ELECTRICAL
CONTRACTING & MAINTENANCE

Installation
Maintenance
Fault finding

01359 250321 | 07776458765

hello@eastwardelectrical.co.uk

www.eastwardelectrical.co.uk

City & Guilds



Letter from the Rectory



Dear friends,

As I write this letter in the middle of June on a cold grey and rainy day the thought of Summer and summer time seems to still be far way. I very much hope that by the time you read this, we will be heading into proper warm summer weather.

It seems to me that there's something about the months of July and August and the warmer weather which draws most of us to look for a change in the pace and rhythm of life. I don't know whether it's the pattern of the end of the school year which we grew up with or whether it's just something about the warmer season, but once we reach July I long for a slower pace of life and a break from my usual routine of life and work. Our lives are so busy, aren't they? Even those who are retired tell me they're busier than ever. We seem to live and work at such a pace these days that it's so important for our souls and beings to have time to slow down and to rest and to be restored... and for many of us the summer months feel like the perfect time to do that.

Some of us will hopefully be preparing for some down time... a holiday away perhaps? Although with the cost of living as high as it is I know this is only a dream for many and any kind of holiday will be taken at home. But for some, the choice to slow down just isn't possible... tight budgets mean that work has to continue and time off is a luxury that can't be afforded. The demands of our jobs, the need to feed children, to care for the family or for elderly or disabled relatives means there's no time to slow down and a proper period of rest can be difficult to find.

Jesus, speaking over 2000 years ago to a group of his friends who were, or who had been burdened by the busyness of their lives, said these lovely words: 'Come to me all who are weary and heavy-laden, and I will give you rest....' (Matt 11:28-30) Our lives at times can be so busy and complex that we can feel like we're burdened down by them and many folk are weary... But Jesus invites us ...each one of us... no matter who we are ... to Come to Him and He will give us rest.

Jesus will replenish and restore our tired bodies and souls as we ask Him to, and as we trust Him, He will lift our spirits and revive us giving us the peace and rest we so badly need.

So, even if this summer season is likely to be busy, I encourage us all to be more gentle with ourselves, to slow down even just a little and breathe; to try and find something of the natural rhythm of the season to help us relax. Perhaps making the effort to notice and enjoy the beauty of the natural life around us. To marvel and delight in the flowers, the birds, and the trees, to walk barefoot on the grass and to allow God to calm us, speak to us and replenish us as He invites each one of us to Come to Him and He will give us rest.

Whatever your summer is likely to be like, I hope the sun shines and we have warmer days and I hope that each one of us in some way will find some rest, and so find ourselves recharged and replenished in body, mind, and spirit.

Have a lovely summer.

God Bless Cathy x

PASSION FOR PIGEONS - Part 3

Fast forward to 1982. I was now married with 2 children, a degree in Mechanical Engineering and had represented Eastern Counties at rugby union. The pigeons were kept at my parents house, with my younger brother taking an interest in them.

With the purchase of our first house, I informed Josie (my wife) that I could now start racing my pigeons from our own home. "What pigeons?" was her reply. She honestly thought that the pigeons at my parents house were my brothers! Josie has always stood by with whatever decision I have made whether it was my career or financial. A loft was duly erected and about 20 young birds were bred or gifted by local fanciers. I joined the local club "The Fanshawe" (famous for The Dagenham Girl Pipers). A timing was purchased on H.P. and my first proper race was rapidly approaching.

Peterborough was the racepoint and I entered about 10 of my 20 - a distance of about 72 miles. Your loft or shed was pricked on an ordnance survey map (no google maps in those days) and the distance from the racepoint to loft was calculated. Raceday came. No birds into London before 1 o'clock as most people worked Saturday mornings. 2 birds came back together. The rubber was taken off their leg and put into the clock. Handle turned and the time recorded. Then the long wait for the others.

The reading of the clocks was a nervous time. No WhatsApp, Facebook etc. so no one knew each others time. It was silent whilst clocks were read with other fanciers trying to listen to the times frantically calculating in their heads if they had been beaten. We finished 3rd and 6th from over 200 pigeons. There was also a 2 bird nomination for which I was 1st and 2nd. Loads of well done and congratulations.

A few pints later as I walked home I whacked my new clock on a gatepost cracking the glass. So what I won I quickly spent buying a new glass for my clock!
Till next time

**HEPWORTH PARISH COUNCIL - MINUTES OF PARISH COUNCIL MEETING
HEPWORTH PAVILION - THURSDAY 20 JUNE 2024 @ 1930**

PRESENT: Councillor Garry Bloomfield (GB) (Chair), Councillor Nicholas Bennett (NB) (Vice Chair), Councillor Perry Penn (PP), Councillor Louise Robinson (LR), Councillor Hollie Williams (HW)

IN ATTENDANCE: Andy Osman (Parish Clerk) (AO), County Cllr Joanna Spicer (JS), District Cllr Carol Bull (CB)

24/65 DECLARATIONS OF INTEREST: None declared.

24/66 APOLOGIES: Councillor Marjorie MacPherson sent her apologies which were accepted.

24/67 PUBLIC FORUM: No issues raised.

24/68 REPORTS FROM AND QUESTIONS TO BOTH DISTRICT AND COUNTY COUNCILLORS: JS reported the following: Traffic Survey. Suffolk Highways are planning to repeat the traffic survey along The Street in October. JS was currently querying how this would be funded. It was agreed that the Clerk would approach Hepworth SpeedWatch to obtain monthly average speed data from the Speed Indicator Devices for April and May 23 and April and May 24 to assist with the planned review of effectiveness of traffic calming measures installed last year.

A1088 Bridge Repair. Suffolk Highways would be reconstructing the bridge on the A1088 by Bridge Farm from early July to early December 24; this would mean the A1088 would be closed at this point and traffic diverted along the A143/A14. Further information will be published by the County Council at <https://www.suffolk.gov.uk/roads-and-transport/lorrymanagement/bridge-farm-bridge-a1088-stowlangtoft>.

Weston Lane. JS agreed to follow up why the approved works on Weston Lane had not yet started.

24/69 MINUTES OF THE PREVIOUS MEETING: Minutes of the meeting held on 16 May 24 had been previously circulated and it was resolved that these were an accurate record of the meetings.

24/70 MATTERS ARISING FROM THE MINUTES: Minute 24/60 16 May 24: Planning Concerns. The Clerk confirmed that the agreed list of planning concerns over the management of the Jaynic planning application had been passed to Director (Planning and Growth), West Suffolk Council on 24 May 24. CB agreed to check progress of West Suffolk Council's response. Mindful of West Suffolk Council's

Customer Service Standards, it was agreed that if no response was forthcoming by 27 June, the Clerk would contact the Chief Executive to hasten a reply.

Minute 24/61 16 May 24: Traffic Survey. Update provided in Minute 24/68.

24/71 FINANCE AND ADMINISTRATION: a. Finance Report. The meeting noted the finance report (current account balance £11,428.54, savings account balance £7,000.00 and the projected outturn at the end of the FY of approx. £3,800 current account and £7,000 savings account). The following payments were authorised: Audit fees £90.00; Clerks Salary & Exps £979.94; The Clerk was to seek counter authorisation from LR for BACS payments.

b. Audit Report. The meeting noted the contents of the previously circulated audit report which raised no observations.

c. Governance Report. The meeting approved the previously circulated Annual Governance Report covered by Section 1 of the Hepworth Parish Council Annual Governance and Accountability Return 2023/24. The meeting also confirmed that the Parish Council was exempt from a limited assurance review as its gross expenditure for 2023/24 did not exceed £25,000. It was resolved that the Clerk was to return the signed Certificate of Exemption.

d. End of Year Accounts. The previously circulated Accounting Statements covered by Section 2 of the Hepworth Parish Council Annual Governance and Accountability Return 2023/24 were approved.

e. Events Noticeboard. The Clerk reported that permission to site the proposed events noticeboard had been obtained. As agreement to purchase this item had already been resolved (see minute 24/4 February 24), the Clerk was to proceed with the purchase for delivery to GB pending installation.

f. Extension of Lease for Recreation Ground. The meeting noted the pre-circulated brief by the Clerk following his initial meeting with Ashtons Legal. It was agreed that the mutual break clause and right of renewal should remain in the revised lease and that the Ashtons Legal letter of agreement should be accepted. The meeting resolved to pause registering the title of the recreation ground with the Land Registry until the lease renewal process had completed.

24/72 PLANNING MATTERS: Jaynic Email. The meeting noted the pre-circulated email that confirmed that Jaynic would not appeal West

Suffolk Council's decision to refuse their planning application. It was agreed that the Clerk would invite Jaynic to the 18 July 24 Parish Council meeting to listen to Jaynic's intentions of a new outline planning application at Shepherds Grove prior to consultation on a new Masterplan. The Clerk was to research Hepworth Parish Council's input to the 2019 Masterplan for Shepherds Grove.

JS and CB left the meeting at 8.35pm

24/73 HIGHWAYS MATTERS: The Clerk reported that he had been contacted by a member of the public concerned about reduced visibility at the junction of The Street/Market Weston Rd. After confirming that the Parish Council was not responsible for matters of highway safety and that this issue had not been reported to Suffolk County Council, who were responsible, the Clerk agreed to report the issue using the Suffolk Highways Reporting Tool.

24/74 CORRESPONDENCE: . West Suffolk Local Plan 2024 - Public Examination. The meeting noted the start of the public examination of West Suffolk Council's Local Plan 2024.

b. Hepworth PCC letter. The meeting noted the pre-circulated thank you letter in relation to the recent grant provided.

c. SARS letter. The meeting noted the pre-circulated thank you letter in relation to the recent grant provided.

d. Lighthouse Women's Aid letter. The meeting noted the pre-circulated letter and agreed that the Clerk would approach the charity for publicity material that could be placed on noticeboards and in the village newsletter.

24/75 QUESTIONS TO THE CHAIRMAN: a. Jaynic Visit. PP queried if the Jaynic attendance at the July Parish Council meeting would be advertised. It was confirmed that this would be visible in the published agenda for this meeting.

b. Weston Lane. The meeting noted that the works for Weston Lane had been previously due to start in November 23 (minute 23/127 November 23) and in February/March 24 once weather improved (minute 24/19 February 24).

24/76 DATE OF NEXT MEETING: It was agreed that the next Parish Council meeting will be on Thursday 18 July 24 at 7.30pm.

The meeting closed at 8.50 pm.

Andy Osman - Parish Clerk

22 June 24

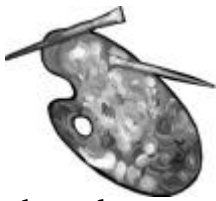
Hepworth Weather (as measured on The Street)

May 2024:	Max. Temp:	25.6°C	9th
	Min. Temp:	5.7°C	11th
	Total Rainfall:	86.5mm	
	Wettest Day:	30.0mm	21st
June 2024:	Max. Temp:	29.1°C	25th
	Min Temp:	5.0°C	11th
	Total Precipitation:	27.7mm	
	Wettest Day:	8.1mm	9th & 15th

May 2024: A cloudy, warm, wet month with little sunshine apart from the 6th to the 12th. Despite this, mean temperature was 2.3°C above the average, making it the warmest May in my record (2009), mainly due to mild nights with no air or ground frost. May 2018 was the previous warmest at +2.0°C above the average. 21st - local flooding occurred after heavy rain and thunderstorms.

June 2024: A cloudy, dry, changeable month with one notable short warm spell towards the end of the month. Mean temperature was around average and only 48% of average precipitation, making June the first 'dry' month of the year!

Kindly provided by Richard Hinton. See the latest weather and historical Hepworth weather data at <http://j.mp/HepworthWS>



Hepworth Art News

Since the start of 2024 Hepworth Art Club has been meeting every Monday and together shared our mutual joy of painting. It has been a year of variety with subject areas ranging from 'Afternoon Tea (as a painting though very tempting to have as reality!) to the other end of the scale - 'Urban and Industrial Decay'. Guest artists who have provided extremely stimulating workshops have included Dominique Sutton who took us through seascapes and Hepworth's local and extremely popular artist Jane Beaumont who provided a liberating session on collage. In August, we are looking forward to another guest artist: Andrew Harrington who will be demonstrating the delights of soft pastels and how to create light.

As always review sessions are included each quarter. During reviews, all members are involved in decisions covering the club's finances and general running and programme content. The aim of a cooperative approach throughout helps ensure the club runs smoothly and enjoyably for all. The most recent of our reviews included planning for the Art Exhibition in September which takes place in The Pavilion (village hall) on the weekend of 21st and 22nd September. We are also extremely grateful to St Peter's Church who give us permission to display further artistic work there.

We are looking forward to welcoming you to our Art Exhibition where there will be over one hundred original pieces of artwork. We get enormous pleasure sharing with you our artistic efforts. Artwork will be for sale at extremely reasonable prices though we are more than delighted for you to spend a pleasant hour or two just browsing. Scrumptious refreshments will be available, an opportunity to win original artwork and an observational 'quiz' which children especially love doing (sometimes with the help of others!) There is a small prize for all children taking part. Looking forward to seeing you on 21st and 22nd September in The Pavilion, Church Lane and also in St Peter's Church, Church Lane.

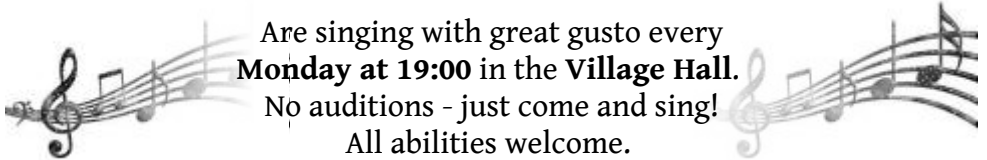
wendy.summerell@btinternet.com Tel: 01359 244693;

Hepworth coffee morning



On the first and third Thursday of each month at 1030 -1200.
Come and join us for a coffee and chat, meet new people and old friends.
Just £3 a session.

Hepworth Angels



Are singing with great gusto every **Monday at 19:00** in the **Village Hall**.
No auditions - just come and sing!
All abilities welcome.

Do join the Parish Council facebook page "Hepworth Matters" which has up to date information about local matters of interest, village events and Parish Council information.
<https://www.facebook.com/HepworthMatters/>



We are a local, informal, friendly garden club. Green Fingers meetings are held at Hinderclay Village Hall on the 3rd Wednesday of each month at 7:30pm in the evening. Annual membership subscription is £15 and our monthly meeting fees are £3 for members (and £5 for non-members) with refreshments included. You would be most welcome to join us.

21st August

CARNIVOROUS PLANTS - by Steve Bunclark of 'Predator Plants'
+ much, much more.

For more information, ring
Val Hobson: 01359 251977 or
Ali Carr: 01953 688112

TRAVELS DOWNUNDER - A REMINISCENCE

Part 21

The travellers have reached the largest city in the world at Mount Isa

After leaving Mt ISA we started to head north towards the Gulf of Carpentaria, with a small diversion en-route to Gregory Downs via the Burke and Wills Roadhouse. This roadhouse was named after the two Victorian explorers, Burke and Wills, who led a disastrous expedition through this area in the 1860s. They were hopelessly inexperienced, carried way too much unnecessary equipment and the expedition failed and they both died. Still, it's nice that they have a roadhouse named after them. At Gregory Downs we camped in the bush for a couple of nights in a boulder strewn dry river bed. We met a very interesting married couple here who we travelled with for several days. They were from Western Australia and were taking time off work to travel. He was a prison officer and some of the stories he told us would make your hair stand on end. The prison he worked in was full of very violent men, mostly murderers. The scenery here was rugged but really stunning. At Lawn Hill Gorge we managed to hire a canoe and went on a day trip on the river through the gorge. A great experience but it wasn't until we got back we discovered that there are crocodiles in the river. When we expressed alarm at this we were told "it's alright, they're only freshies, they're very shy and won't hurt you". Freshwater crocodiles are supposedly less dangerous than their salt water cousins.

That night, still with our new found friends, we decided to have a campfire. Sadly there was very little available wood lying on the ground, but there were plenty of dead branches still attached to trees, but seemingly out of our reach. By this time a few beers had been consumed and we decided the only way to reach these branches was for one of us to get on the shoulders of the other one. He being the younger and stronger offered to put me on his shoulders. This was attempted and after much staggering and falling and wives laughing hysterically, we managed to get enough wood to build a fire. A very memorable evening, sitting round a camp fire, out in the bush in the middle of nowhere, drinking a few "tinnies".

Moving on we made the coast at Karumba where we parted company with our new friends who were planning to stay for a while to do some sea fishing in the gulf. We headed east across the bottom of Cape York Peninsula via Mt Surprise and across the Atherton Tablelands. Very different scenery and very pretty countryside. Northwards again, we travelled through the tropical Daintree Rainforest, absolutely stunning, and reached the coast at Cape Tribulation, so named by Captain James Cooke in 1770 when he ran aground on a part of the Great Barrier Reef and had to beach his ship for repairs. One of the most beautiful spots we'd been to but sadly no swimming here as there are plenty of things in these waters which will kill you, salt water crocodiles and deadly jellyfish just for starters.

to be continued.....

FRENCH CAFE EVENING

On Saturday 13th July the village hall/ Pavilion saw a transformation into a French cafe setting decorated with a painted backdrop of the Eifel Tower, French flags, candles, blue, red and white table decorations and a menu and information about the origin of the dish chicken chasseur. This was organised by Hepworth2Enjoy as one of a number of fund raising events in support of the village Christmas meal on 3rd December.

The highlight of the evening was at the very start of the event when we were privileged to listen to Robert Marsham, a resident of Hepworth, who delivered a most informative and amusing talk about the history, ages and production of the three cheeses presented on each table for sampling: Comte, Brie de Meaux and Forme d'Ambert. This tasting was accompanied by French bread and butter. Delicious.

There followed a meal of chicken chasseur and new potatoes - a typical French dish of chicken, mushrooms, tomatoes and herbs traditionally foraged by a hunter and prepared on returning home. (La chasse is French for the hunt and Le chasseur is a hunter) No fine meal is complete without a delicious dessert and this was individually served lemon possets and superb, buttery shortbread biscuits. All the dishes were prepared and cooked by members of the Hepworth 2 Enjoy team.



To add to the atmosphere there was music by an accordionist Mark Armstrong from Stanton Folk Group who kindly gave of his time to support our evening. Indeed after the meal a few brave people took to their feet to dance. And of course the Hepworth Angels were there to introduce those well known French songs Frere Jaques, Sur le pont d'Avignon and Alouette encouraging audience participation.

It was a most enjoyable, well attended evening which sold out promptly. Do look out for our next fund raising evening and come along and enjoy it within our Hepworth community.
Hepworth2Enjoy team

Deadline for all copy (contents and adverts) for the October edition of the Hepworth Herald is 16th September. Please email all requests to hepworthherald@gmail.com

Hepworth Pavilion and Recreation Ground

Church Lane, IP22 2PU



	Residents	Non-residents
Hourly Rate	£8.80	£11

Bookings and Enquiries should be sent to Sarah at pavilionhepworth@gmail.com or 07763 720 591

Would you like an Advert here?

Reach more than 550 people in 240 households in the village of Hepworth, and help support our village magazine.

	B&W	Colour
¼ Page	£15 (£6)	
½ Page	£30 (£11)	£40 (£15)
Full Page	£60 (£22)	£80 (£29)
Back Cover		£90 (£33)
Centre Spread	£90 (£33)	£120 (£44)

Prices are for 3 consecutive editions (prices in brackets for 1 issue)
email: hepworthherald@gmail.com

Design

Mnl Designs Ltd

NEED A Grand Design?

WANT TO RENOVATE OR
EXTEND YOUR HOME?

- WE GUARANTEE WE WILL BEAT ANY GENUINE QUOTATION
- FULL DESIGN PLANNING FOR COUNCIL APPROVAL
- PROJECT MANAGEMENT WHILST ON SITE
- ARCHITECTURAL TECHNICIAN
- LISTED BUILDING CONSENT APPLICATIONS
- BUILDING REGULATIONS DRAWINGS

CALL US NOW ON

01359 232507 / 07827 683 702

LEWISMN521@GMAIL.COM

WWW.MNLDESIGNS.CO.UK

5 HEATHER CLOSE, THURSTON, BURY ST EDMUNDS, SUFFOLK IP31 3PX

I can fix and advise on
Computers | Laptops
Mobiles | Printers
Websites | Tablets
and more...

JUST A
SMALL
THING

GET THE IT SUPPORT YOU NEED

A local service to
help you get the
most from your
technology

Based in Hepworth
Call Neel on 07930606509

<https://justasmallthing.co.uk>



Tracey Andrews Dip. Hyp GHSC

Hypnotherapist NLP & TFT Practitioner

Your Mind Matters

Are you feeling sad, anxious or depressed?
Have you been bereaved or traumatised? Do you suffer from low self esteem, panic or phobias?
Have you tried to make changes yourself but nothing has worked?
Would you like an understanding, supportive Therapist to help you find a way to a happier future?
Call, text or email me today to arrange a free, 30 minute consultation.

Streetfarmhealing@btinternet.com / 01359 254278

**SATURDAY 28TH
SEPTEMBER
12PM TO 3PM**


**RETURN OF THE
POPULAR**

**CRAFT SUPPLY
DE-STASH SALE**

**LOTS OF ART & CRAFT
MAKING SUPPLIES
FROM LOCAL CRAFTERS**

**HEPWORTH
PAVILION VILLAGE
HALL IP22 2PU**

Organised by Deliriously Deco



BROUGHT TO YOU BY
DELIRIOUSLY DECO

SUMMER CRAFT FAIR
SUNDAY 25TH AUGUST
11AM - 3PM

HEPWORTH PAVILION
VILLAGE HALL IP22 2PU

CRAFTS, FOOD, PRIZE
RAFFLE, FREE PARKING

ART EXHIBITION

Saturday 21st & Sunday 22nd September

10.30am – 4.30pm

Hepworth Pavilion, Church Lane, Hepworth



FREE ENTRY



Delicious refreshments available

**OPPORTUNITY TO WIN ORIGINAL
ARTWORK IN OUR PRIZE SQUARES!**

Childrens and/or Adults quiz (observation skills only required!)