

**NEW**

# **HEPWORTH VILLAGE NEWSLETTER**



**PLUS**

**NEW VILLAGE WEBSITE**  
[www.hepworthvillage.co.uk](http://www.hepworthvillage.co.uk)

**December 2016**

# HEPWORTH VILLAGE CHRISTMAS DRAW

The Village Christmas Draw will be held immediately after the over 60's Christmas lunch on 9th December at the pavilion - around 2.30pm.

Everyone is welcome to come along and enjoy a cup of coffee whilst the draw is being made.

**1st prize Giant Hamper  
plus lots of cash prizes**

**All proceeds go to the over 60's  
Christmas Lunch (see back page)**

Thank you all so much for your support.



I volunteered recently to perform a parachute jump for charity. On our first day of training, the instructor made an important point about preparing for landing at 300 feet.

"How do you know when you're at 300 feet?" asked one person.

"A good question," replied the instructor. "At 300 feet you can recognize the faces of people on the ground."

The person thought about this for awhile before saying, "What happens if there's no one there I know?"

# CHRISTMAS RAFFLE TICKETS

Thanks to our volunteers we now have our usual 'post boxes' in place, so with this issue you will find our Christmas raffle tickets. If you would like to buy some, please fill in the counterfoils and put them in the envelope together with the money, seal it up and drop it into the letterbox of one of the addresses in the envelope. If you require any additional books then please ring and we will drop them off to you. If you have difficulty getting to one of the addresses, please give us a ring on 250048 and we will be happy to collect. We would appreciate the return of any unwanted books.

The reason we use this system is twofold. With darker nights upon us, it is unfair to ask our collectors, some of whom are at work all day, to call round and try and fill in the counterfoils in the dark and also a bit dangerous when we have a shortage of well lit footpaths. The other is that many of you don't like answering the door when it is dark outside and this is fully understandable. So we hope you'll appreciate the reasons for not calling on you personally.

In previous years, we found that several people purchased tickets by way of a donation, not wanting the prizes themselves but wanting to contribute something towards the dinner. If you would like to do this, please put your name and the word 'donation' on the ticket, or if you wish to remain anonymous – just write 'donation', add the money and put into an envelope. The fairest way we found of drawing these was to issue one different ticket to each of those over 60's who attended the meal. If we drew one of these 'donation' tickets, we drew a corresponding ticket to those attending the lunch, and this was much appreciated by those present.

We would like to thank all of you in advance for buying the raffle tickets and supporting the Over 60's lunch, it's a tradition we hope to keep going, with your help for many years to come. The first prize is a Giant Hamper plus many cash prizes

Many thanks  
John and Margaret (01359 250048)

## RETURNING RAFFLE TICKETS

Please enclose your counterfoils, money and any unsold raffle tickets in this envelope, seal up and drop off at any one of the following drop off points by Monday 5th December please:-

Angela Branfield,  
Home Farm Cottage, Market Weston Road  
(Last house on right in Market Weston Road from The Street)

Rosemary Vernon  
'Amical', The Street  
(Half way between council houses and Church Lane on the left coming from Barningham - wooden fence in front with pond in front garden)

Julie Filby  
9 The Street  
(Group of bungalows on left hand side of The Street going out of the village towards Barningham)

Margaret Beales  
20 Church Close  
(White semi bungalow on right from Church Lane about three quarter of the way down)

Or if you cannot make any of the collection points  
please telephone 250048. Many thanks  
Your support is much appreciated

## Hepworth Parish Council

*We are looking for someone who would like to do  
some*

*light maintenance and tidying up in the village*

1 – 2 hours per month

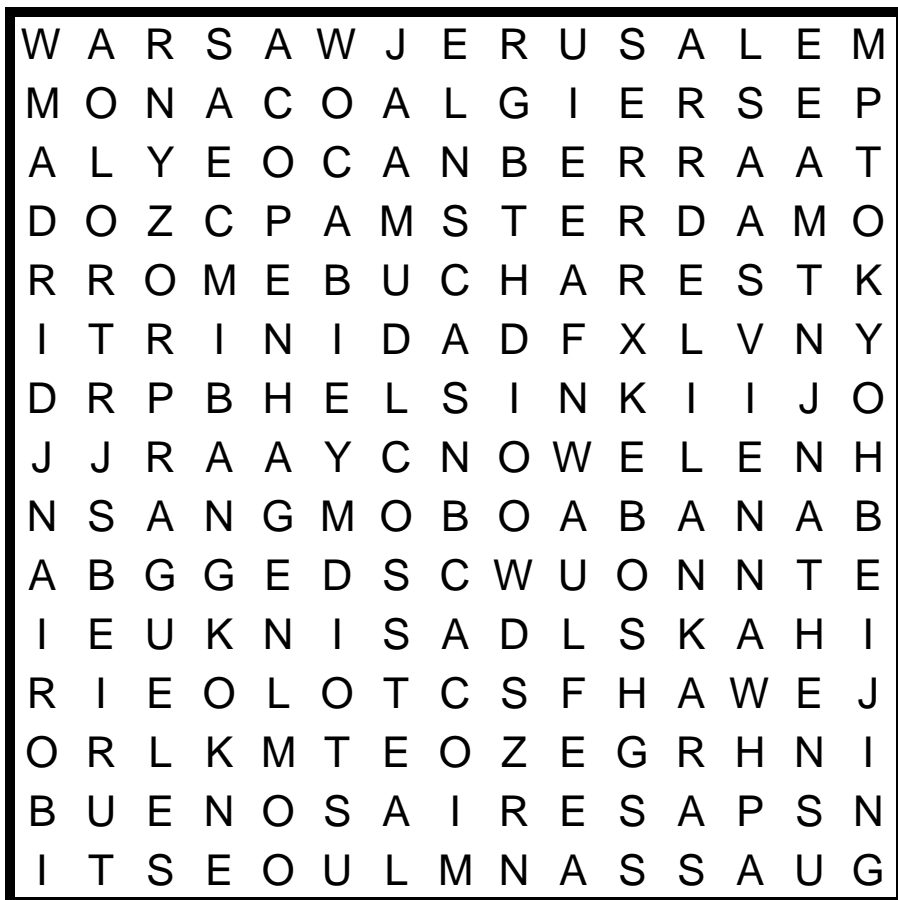
£10.00 per hour

If you are interested please contact the Clerk on  
01359 250037

## Word Search - Cities

There are 31 cities in the word search.

How many can you find without referring to the list on page 15



## CAR BOOT SALES FOR 2017

These will be on 20th May and 1st September. More details in the next issue.

## HEPWORTH LOTTERY RESULTS

### 27th Aug

1<sup>st</sup> M Allen  
2<sup>nd</sup> Roberts  
3<sup>rd</sup> Sarah, 17 The Street

### 24th Sept

1<sup>st</sup> Mark, Stone Cottage  
2<sup>nd</sup> 9 Church Close  
3<sup>rd</sup> 22 Church Close

### 3rd Sept

1<sup>st</sup> 11 Church Close  
2<sup>nd</sup> Poplars  
3<sup>rd</sup> 21 The Street

### 1st Oct

1<sup>st</sup> Nobbs  
2<sup>nd</sup> N Clarke  
3<sup>rd</sup> Horrex

### 10th Sept

1<sup>st</sup> Roberts  
2<sup>nd</sup> Sarah, 17 The Street  
3<sup>rd</sup> 29 Church Close

### 8th Oct

1<sup>st</sup> Randall  
2<sup>nd</sup> Ingham  
3<sup>rd</sup> 1 Church Close

### 17th Sept

No Lottery this week  
See page 8

### 15th Oct

1<sup>st</sup> 29 Church Close  
2<sup>nd</sup> Willowdown  
3<sup>rd</sup> Roberts

If anyone would like to join the village lottery and help support the village hall then tel: 01358 250048 or email [john@johnbeales.co.uk](mailto:john@johnbeales.co.uk)

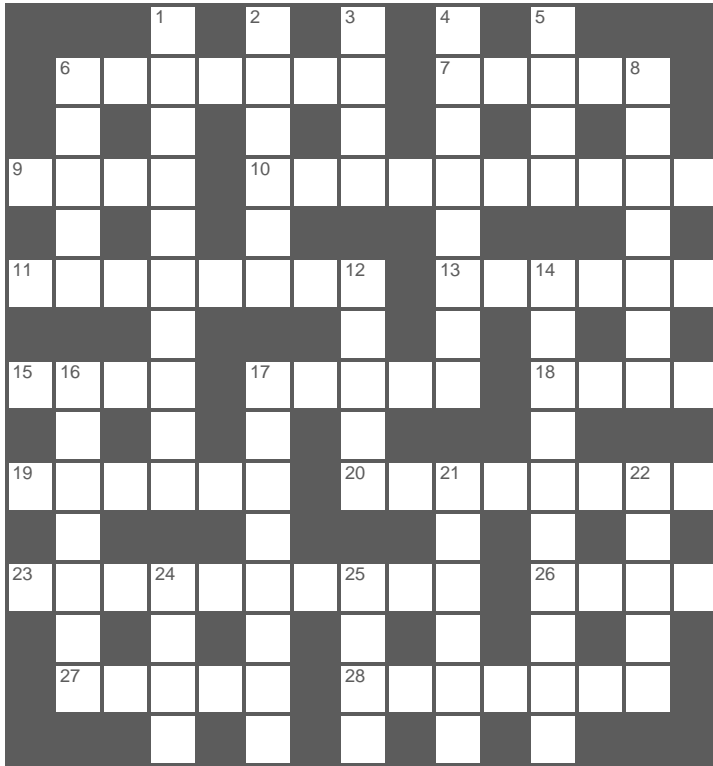
## “HEPWORTH” CHARITIES

Any pensioner's who have lived in Hepworth for 2 years or more are eligible to apply for the annual grant, which is available from the Charities Trust and distributed during December in time for Christmas. Where a married couple is both of pensionable age only one payment can be made.

If your are not already on the list, and believe yourself to be eligible, could your please contact the Clerk to the Trustees:

Mrs Linda Walsh, “Rowan” , The Street, Hepworth.  
Tel: 01359 250014.

## Crossword



### Across

- 6** Learning places (7)
- 7** Type of seat (5)
- 9** Admired for nobility (4)
- 10** Great eagerness (10)
- 11** Scare (8)
- 13** Hurt (6)
- 15** Unfasten (4)
- 17** Elected (5)
- 18** Increased in size (4)
- 19** Social position (6)
- 20** Width of circle (8)
- 23** Scared (10)
- 26** Finger protector (4)
- 27** Early language (5)
- 28** Kept in mouths (7)

### Down

- 1** From end to end (10)
- 2** Large wood (6)
- 3** Is not (4)
- 4** Engaged (8)
- 5** Hired transport (4)
- 6** Very fine (5)
- 8** Put aside (7)
- 12** Recorded on paper (5)
- 14** Large lorry (10)
- 16** Not artificial (7)
- 17** Paying a visit (8)
- 21** Not subtracting (6)
- 22** Outward doors (5)
- 24** Obtains (4)
- 25** Squirrel food (4)

Answers on page 15

## PHIL COOK

It was with great sadness that we learned of the death of Phil Cook in September. For many, many years, Phil had run the village lottery raising funds for Hepworth Pavilion. During his time in Hepworth he had also tended Wood Lane Corner planting various types of plants each year which always gave a wonderful display. One year he grew some lovely Cyclamens which he presented to the ladies attending the Over 60's lunch. He was also a Master Baker and helped many friends and neighbours with his expertise including baking mince pies for the Village Christmas lunch and cakes for the Annual Macmillan Coffee Morning.

He was an extremely caring and loving husband, taking care of his wife at home for many years until she was eventually admitted to a Nursing Home; at which he visited her daily. At his funeral two of his neighbours offered readings, giving an insight into Phil's life. This revealed him to be an extremely generous, kindly and unassuming gentleman. He will be sadly missed and remembered by all who knew him.

Margaret

### Sudoku - 1 easy - 1 not so easy (solutions on page 15)

			4		7		3	5
1	3							
		2			6		8	
		6						
						8	2	
			5		4	6		
5								
			6					7
3	9	7		8			5	

		5			2		4	8
					6	7		
	4			7	9	3		
2	9					1		4
	5	3						
	1	8			7			
						9		3
3	8							7
		9			1		6	



## **Aged 40 to 74? Find out about your FREE NHS Health Check**

Even though you might be feeling great, if you're over forty you might be at risk of heart disease, stroke, kidney disease, diabetes or dementia.

A FREE NHS Health Check can help you reduce these risks and make sure that you stay healthy. Having the health check will better prepare you for the future and will enable you to take steps to maintain and improve your health.

The check will take between 20-30 minutes and will involve the health professional asking you a few simple questions regarding your family history and lifestyle. They will also check your height, weight and other details, as well as test your blood pressure and complete a simple blood test to check your cholesterol level. After the check they will talk you through your results and explain to you what they mean, giving you personalised advice on how to lower your risk and maintain a healthy lifestyle. You may also be prescribed further treatment or medication to help maintain your health.

If you are aged 40-74 and have not had a stroke or been diagnosed with heart disease, high cholesterol, high blood pressure, kidney disease or diabetes then you are eligible for a free NHS health check.

To arrange the check please contact your registered GP practice who will be able to make an appointment for you. Alternatively, you can also contact OneLife Suffolk to arrange the check for you on 01473 718193.



### ***Café Hepworth***

**Drop in any time between  
10.30am and 12 noon  
on the first and third Thursday  
of every month in the Village Hall**

If you would like help in getting there  
please ring Gill Penley-Martin on 01359 250352

## HEPWORTH PARISH COUNCIL

A meeting of the Hepworth Parish Council took place on 1<sup>st</sup> Sept. 2016 at the village hall where the following items were discussed.

**Attendees:** Mr David Stannard (Chairman) Mrs R Vernon Mr G Bloomfield Mr A Yorke Mrs M Beales Mrs K Shearer Mrs M MacPherson Cllr C Bull Mrs Sue Yeomans (Parish Clerk)

**Apologies** Mr John Beales, Cllr J Spicer

### **Minutes of previous meetings**

The minutes of the Hepworth Parish Council meeting of 7<sup>th</sup> July 2016 and the Extraordinary Meeting held 19<sup>th</sup> July 2016 were agreed and signed as a true record.

### **Report from Cllr Bull**

Update on Hopton Surgery – the Doctors have been called before a Health Scrutiny Committee who were appalled at the way the closure had been handled. The NHS apologised for this. The CCG have put pressure on the doctors to employ someone to handle the publicity around these closures and changes and public meetings are planned in Hopton and Stanton on dates to be advised. The Action Group have one more planned meeting. Currently there is no Patient Participation Group in Hopton so maybe one could be set up. The doctors sent an email the night before the Health Scrutiny Committee meeting to say they will move out and consolidate in Stanton at a new surgery due to open in the New Year on the site of the old school. Cllr Bull felt this was optimistic given the planning permissions etc. that are required. The Hopton surgery in Stanton will be sold off to fund this new surgery in Stanton. Parking is still a problem in Stanton. Stanton is investigating the setting up of prescription delivery services to aid patients. Planning permission to build a doctor's surgery in Hopton has been approved and it is hoped other doctors will take it on. The doctors have posted a letter on Hopton Parish Council website accusing the Parish Council of alienating the patients.

**Willow Green** – Cllr Bull has chased J Feveyer at Havebury regarding parking at the rear as no planning application has yet been lodged. There has been no response so Cllr Bull will chase.

## Finance

The following accounts for payment were agreed:-Clerks Salary to 31 July 2016 - £280.54 SALC (Invoice for Internal Audit YE 31 March 2016) - £148.80 John Beales Electrical (Unistrut & brackets for Parish Notice Board) - £20).

## Planning Applications

A proposed Planning Application for Rose Cottage, North Common was approved

**Highways** The loss of the path from The Street to Beck Street along Market Weston Road was discussed. Cllr Yorke provided photographic evidence from the 1900's and 1965 showing the footpath did exist, it was thought there is an asphalt path under the grass. The Clerk to send information to Cllr Spicer requesting the County Council reinstate the path.

Several complaints have been received about parishioners placing obstructions on grass verges in front of their property. Clerk to ask Cllr Spicer to clarify the legal position

**NB** these are just highlights of the meeting and the full minutes are available from the Parish Clerk: [sueyeomans52@gmail.com](mailto:sueyeomans52@gmail.com)



A businessman had a tiring day on the road. He checked into a hotel and, because he was concerned that the dining room might close soon, left his luggage at the front desk and went immediately to eat.

After a leisurely dinner, he reclaimed his luggage and realized that he had forgotten his room number. He went back to the desk and told the clerk on duty, "My name is Henry Davis, can you please tell me what room I am in?"

"Certainly," said the clerk. "You're in the lobby."

## **HERITAGE CIRCLE**

### **Tessa West, A History of Bury Gaol**

Tessa West gave a very interesting talk to the August meeting of the Heritage Circle at Rickingham Village Hall. Her subject was the history of Bury Gaol in the 18<sup>th</sup> and 19<sup>th</sup> centuries but she drew interesting comparisons with the modern penal system.

Tessa has a background of working in education in a prison and of being a member of the Parole Board. This contributed to her writing a biography of the penal reformer, John Howard, who visited prisons to study their conditions. He visited Bury Gaol on four occasions between 1774 and 1782. The conditions were very poor. There were two principal categories of prisoners, debtors and felons but other people were incarcerated because of their mental health. The prison, like others of the time, was run as private business. Inmates had to pay for straw to sleep on, food, water and medical care. Felons were chained at night in dungeons. There was no separation of men and women. In 1773 five prisoners died of smallpox. The gaoler sold beer and wine to outsiders as he had no other salary. Howard urged reform to regularise and improve conditions in prisons. In addition to the gaol, Bury also had a bridewell which was a combination of a gaol for petty offenders and a workhouse at what is now Moyse Hall. In 1804 a new gaol was built for Bury which could hold 140 people. John Orridge became the governor of the prison which was designed using the panopticon principle. There was a central Inspection House with corridors leading off from it housing the prisoners. There was a window in each cell and some provision of toilet facilities but a 24 foot wall separated the prisoners from the town.

Orridge believed that the prison's functions were to keep prisoners secure, to preserve the health of the inmates and to 'ameliorate their morals.' He appears to have been successful at least in the first two aims. There was only ever one escape from the gaol and doctors did provide some medical care for prisoners. Prisons in the 18<sup>th</sup> century had been notorious for their high death rates from diseases such as 'gaol fever,' a form of typhus. Hard labour was proposed to improve the 'morals' of prisoners. In 1819 Bury Gaol became the first prison in Britain to have a treadmill. It was hard, demoralising work. Prisoners spent an eight hour shift walking on the treadmill. It

has been calculated that they stepped up about 11,000 feet per day. Much of the work was pointless as the prisoners simply 'ground air.' Records suggest that many of the people committed to Bury Gaol were charged with offences that appear trivial today. One prisoner had stolen three lettuces, another stole turnips to the value of 1d and a further person had taken two eggs. A vagabond was gaoled along with deserters from the army and a man who thrown stones at a railway carriage. The ages of inmates ranged from 11 years and upwards.

The prison had a flat roof for public executions. In 1828 William Corder, who had committed the Red Barn murder at Polstead, was hanged at the gaol. The last public execution in Bury occurred in 1851. It was watched by a crowd of up to 5,000 people who were mainly women with their children. In 1880 the prison was closed and its remaining inmates were sent to Ipswich Prison.

[www.heritagecircle.onesuffolk.net](http://www.heritagecircle.onesuffolk.net)

## Hepworth Pavilion - Hall Hire Charges

£25.00 for an evening session (£30.00)

£15.00 for an afternoon or morning session (£20.00)

£40.00 for an afternoon & evening session (£45.00)

£50.00 for all day (£60.00)

Prices in brackets are for Non Hepworth Residents.

All prices include the cost of heating, electricity etc..

Special prices available for regular or short hirings.

Bookings/enquiries ☎ 01359 250048

The Recreation Ground Committee reserves the right to decline a booking.

## **The Gold Wrapping Paper** - An Inspirational Christmas Story

Once upon a time, there was a man who worked very hard just to keep food on the table for his family. This particular year a few days before Christmas, he punished his little five-year-old daughter after learning that she had used up the family's only roll of expensive gold wrapping paper.

As money was tight, he became even more upset when on Christmas Eve he saw that the child had used all of the expensive gold paper to decorate one shoebox she had put under the Christmas tree. He also was concerned about where she had gotten money to buy what was in the shoebox.

Nevertheless, the next morning the little girl, filled with excitement, brought the gift box to her father and said, "This is for you, Daddy!"

As he opened the box, the father was embarrassed by his earlier overreaction, now regretting how he had punished her.

But when he opened the shoebox, he found it was empty and again his anger flared. "Don't you know, young lady," he said harshly, "when you give someone a present, there's supposed to be something inside the package!"

The little girl looked up at him with sad tears rolling from her eyes and whispered: "Daddy, it's not empty. I blew kisses into it until it was all full."

The father was crushed. He fell on his knees and put his arms around his precious little girl. He begged her to forgive him for his unnecessary anger.

An accident took the life of the child only a short time later. It is told that the father kept this little gold box by his bed for all the years of his life. Whenever he was discouraged or faced difficult problems, he would open the box, take out an imaginary kiss, and remember the love of this beautiful child who had put it there.

In a very real sense, each of us has been given an invisible golden box filled with unconditional love and kisses from our children, family, friends and God. There is no more precious possession anyone could hold.

## Crossword Answers from page 7

**Across:** 6 Schools, 7 Chair, 9 Hero, 10 Enthusiasm, 11 Frighten, 13 Injure, 15 Undo, 17 Voted, 18 Grew, 19 Status, 20 Diameter, 23 Frightened, 26 Nail, 27 Latin, 28 Tongues.

**Down:** 1 Throughout, 2 Forest, 3 Isn't, 4 Occupied, 5 Taxi, 6 Sheer, 8 Reserve, 12 Noted, 14 Juggernaut, 16 Natural, 17 Visiting, 21 Adding, 22 Exits, 24 Gets, 25 Nuts.

## Wordsearch Word List - Cities

Algiers	Bucharest	London	Prague
Amsterdam	Buenos Aires	Madrid	Rome
Ankara	Canberra	Monaco	Seoul
Athens	Copenhagen	Moscow	Tokyo
Bangkok	Dublin	Nairobi	Trinidad
Beijing	Helsinki	Nassau	Vienna
Beirut	Jerusalem	Oslo	Warsaw
Berlin	Lisbon	Ottawa	

## Sudoku Solutions - from page 8

6	8	9	4	2	7	1	3	5
1	3	4	9	5	8	7	6	2
7	5	2	1	3	6	9	8	4
9	1	6	8	7	2	5	4	3
4	7	5	3	6	9	8	2	1
8	2	3	5	1	4	6	7	9
5	6	1	7	4	3	2	9	8
2	4	8	6	9	5	3	1	7
3	9	7	2	8	1	4	5	6

9	7	5	3	1	2	6	4	8
8	3	2	5	4	6	7	9	1
1	4	6	8	7	9	3	5	2
2	9	7	6	5	3	1	8	4
6	5	3	1	8	4	2	7	9
4	1	8	2	9	7	5	3	6
5	6	4	7	2	8	9	1	3
3	8	1	9	6	5	4	2	7
7	2	9	4	3	1	8	6	5



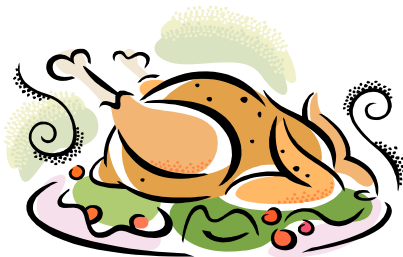
After years of wondering why he didn't look like his younger sister or brother, a young man finally got up the nerve to ask his mother if he was adopted.

"Yes, you were son," his mother said as she started to cry softly. "but it didn't work out and they brought you back."

## OVER 60'S CHRISTMAS LUNCH

This year our Christmas Lunch will be on 9th December.

All Over 60's in the village are welcome to come along and the lunch is free. The only thing we ask is that you book in advance so we can give the numbers to Carol. If you would like to bring a friend from outside the village then the charge will be £15.00. You can book at any time from now until Monday 5th December. We look forward to seeing you at this lovely annual event. We can offer beef as an alternative to turkey. Please let us know when you book.



We will be having the wonderful little singers from Hopton School back again! They will be performing at 12.15pm, and the lunch will be served at 1pm. We would like everyone to arrive around 11.45-12noon in order to collect their glass of sherry and be seated before they arrive. The raffle will follow as soon as the coffee and mince pies are served.

As usual this year, we are including the raffle tickets with this Newsletter. If you would like to purchase these, please fill in the counterfoils with your name and telephone number, put them in the envelope with the correct money and seal them up. Please then put them in the letterbox of one of the addresses on page 4

Very many thanks for your support, all monies raised go towards the Over 60's Christmas Lunch.

John and Margaret (01359 250048)

# Don't forget to book!

Articles and adverts for the next edition to  
The Editor, John Beales, 20 Church Close, Hepworth.  
01359 250048

*[john@johnbeales.co.uk](mailto:john@johnbeales.co.uk)*